



## **Little Yogi Co Online Classes**

**Please may we just mention a few points so that you all gain the most from the ONLINE classes:**

- Please note that online classes are somewhat different to an onsite class. The main difference is that the teacher is not in the room to adjust the child or yourself and may not always have a clear view of what you are doing. Therefore, it is pertinent that you create the space that you are practicing in to be clutter free and that you are mindful of any furniture around you so that you are safe in your practice.
- Please note that due to the teacher not being in the room, you are responsible for your and your child's health, safety and wellbeing and that consideration is given when practicing the postures and techniques advised by the teacher. Please stop if you or your child are uncomfortable or in pain when performing any of the techniques.
- It is encouraged in the Little Yogi Co classes that, for children to get the most out of the classes, that their parents/carers join in with the class. This maybe just for the initial few classes until the child has been coming for a while and is more confident, and then you can take a seat and watch your little yogi or yogini with pride. However, you can also still join in the classes as much as you like, even when they are well seasoned in the classes.
- We ask that you support your child with words of praise and encouragement when they join in and perform the yoga in the classes.
- **Please do intervene with any incidents or upsets** that might occur in the class with your child. If you are either watching or participating, please do keep an eye on your child to ensure that they remain focused on the teaching and class content. This will help keep the child happy, and focused, but most of all safe.
- **Please be prompt on starting the class.** We understand that zoom can be temperamental however, please aim to join 5 minutes earlier to allow for any setbacks. It will also ensure that your child is fully involved with the class, joining late into the session can feel very intimidating and sometimes upsetting for young children and can also be a little disruptive to the others that have already started the yoga class.
- We ask that you refrain from feeding your child in class time. Eating whilst exercising/doing yoga is not recommended and can also be a choking hazard. It can also be distracting to the other children in the session.

### **PAYMENTS**

Bookings on any classes run by Little Yogi Co are only secured once full payment of the applicable course fee has been processed. Classes must be booked and paid in a block.

### **CANCELLATION**

All amounts paid in respect of a booking are non-refundable, except in the event that a course that is booked does not take place or is cancelled by Little Yogi Co. No refunds can be issued for cancellation by a course participant. All of our group courses require a minimum number of participants to run. If for any reason these numbers are not reached you will be notified and entitled to a full refund.

**Thank you for your understanding and cooperation. This information and your help ensure a smooth and successful yoga class!**



## **Legal information:**

By booking on and participating in any Little Yogi Co online classes you agree to these terms and conditions:

### **Fees:**

Fees are payable for a period of a term of classes in advance and will be charged at the price published or advised to you at the time of your booking (plus VAT where applicable). Fees are payable in full through the teacher prior to the start of the first class. Our fees may change from time to time.

### **Missed classes:**

If the teacher is unavailable to give any scheduled class, and a replacement teacher cannot be arranged, or we are not able to run the class as scheduled for any other reason, the class will be rearranged for another date. If this is not possible, any fee already paid for that class will be refunded.

Fees are paid for consecutive classes (and therefore you must attend consecutive classes) and if you miss a class, we will not be obliged to refund any fees or allow you to attend another class, although we may in our discretion choose to do so. If you miss two consecutive classes without notifying us, we may terminate the contract between us without notice and release your space to another customer. In such circumstances we shall not be obliged to refund you any fees.

### **Safety:**

All participants take part in classes at their own risk. Whilst we take all reasonable steps to make the classes safe, Little Yogi Co cannot accept any liability for any injury or damage suffered by any participant or any other person in a class.

It is your responsibility to seek appropriate medical approval regarding any pre-existing condition of a participant and to disclose any such condition to us before booking.

### **Data Protection:**

We will process your personal and sensitive data in accordance with the Data Protection Act 2018. Unfortunately, the transmission of data and information via the internet is not completely secure. Although we will do our best to protect your personal data, we cannot guarantee the security of your data when transmitted via email; any transmission is at your own risk. Once we have received your information, we will use procedures to try to prevent unauthorised access.

### **Photography and Videos:**

No photographs or videos will be taken during class by the Little Yogi Co teacher. You do not have permission to record/ take photos of the teacher or any other participants during the class.

### **Zoom Rules:**

Please follow advice from the teacher at all times. You are responsible for your own health and safety as well as your child should they be attending the class. Please be mindful that there may be others also attending the class that will occasionally require individual attention.

### **Governing Law:**

These terms and conditions shall be governed by English law and any dispute arising from these terms and conditions shall be subject to the exclusive jurisdiction of the English court.

I release Yogakidz teachers and Yogakidz Worldwide from liability in case of accident or injury and any possible consequences during activities related to Yogakidz teacher classes so long as normal safety procedures have been taken and waive any claim that I (or any child whom I am responsible for) may have in relation to the same.