



Leigh and Bransford Primary School

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Tuesday 30th March 2021

Dear Parent/Carer,

In the Summer Term, in line with Statutory Guidance September 2020, we will commence the teaching of our RSHE (Relationship, Sex and Health Education) curriculum. As in many schools, there has been a delay in starting this work due to Covid-19.

Delivery of RSHE

RSHE is taught within the personal, social, health and education (PSHE) curriculum.

Biological aspects of RSHE are taught within the science curriculum.

Across all year groups, the children will be supported with developing the following skills:

- Communication, including how to manage changing relationships and emotions
- Recognising and assessing potential risks
- Assertiveness
- Seeking help and support when required
- Informed decision-making
- Self-respect and empathy for others
- Recognising and maximising a healthy lifestyle
- Managing conflict
- Discussion and group work.

These skills are taught within the context of family life

At Leigh & Bransford Primary School, we follow The Christopher Winter Project scheme of work (Teaching SRE with Confidence in Primary Schools). CWP have been awarded the Pamela Sheridan Award for Excellence in recognition of their pioneering professional development programme in relationships and sex education. CWP's success is based on a thorough understanding of what constitutes effective RSHE for both teachers and pupils. All CWP lessons have a clear structure and are age appropriate. They are designed to demonstrate a wide range of teaching methodologies to equip teachers with the skills to deliver excellent RSHE.

Teachers will be following the following scheme of work for Years R – 6

Reception Our Lives	Lesson 1: Our Day Lesson 2: Keeping Ourselves Clean Lesson 3: Families
Year 1 Growing and Caring For Ourselves	Lesson 1: Keeping Clean Lesson 2: Growing and Changing Lesson 3: Families and Care
Year 2 Differences	Lesson 1: Differences: Boys and Girls Lesson 2: Differences: Male and Female Lesson 3: Naming the Body Parts
Year 3 Valuing Difference and Keeping Safe	Lesson 1: Differences: Male and Female Lesson 2: Personal Space Lesson 3: Family Differences
Year 4 Growing Up	Lesson 1: Growing and Changing Lesson 2: What is Puberty? Lesson 3: Puberty Changes and Reproduction
Year 5 Puberty	Lesson 1: Talking about Puberty Lesson 2: Male and Female Changes Lesson 3: Puberty and Hygiene
Year 6 Puberty, Relationships and Reproduction	Lesson 1: Puberty and Reproduction Lesson 2: Understanding Relationships Lesson 3: Conception and Pregnancy Lesson 4: Communication in Relationships

A comprehensive RSHE curriculum is in line with everything we do at our school to safeguard our children. In line with the statutory guidance, we will be using the correct anatomical names for the parts of the body. In making this commitment to our children, we endeavour to:

- Promote the spiritual, moral, cultural, mental and physical development of pupils at the

school and of society.

- Prepare pupils at the school for the opportunities, responsibilities and experiences of later life.

If you want to find out more about RSHE please read:

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/907638/RSE_primary_schools_guide_for_parents.pdf

If you have any further questions, please do not hesitate to contact me.

Yours sincerely

Mrs Sage
PSHE lead & DSL