



Leigh and Bransford Primary School

RSHE Policy

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Leigh and Bransford – RSHE

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1. Aims

The aims of relationships, sex and health education (RSHE) at our school are to:

- Provide a framework in which sensitive discussions can take place
- Prepare pupils for puberty, and give them an understanding of sexual development and the importance of health and hygiene
- Help pupils develop feelings of self-respect, confidence and empathy
- Create a positive culture around issues of sexuality and relationships
- Teach pupils the correct vocabulary to describe themselves and their bodies.

2. Statutory Requirements

The Education Act 2002 sets out the statutory duties which all schools, including academies, are required to meet: 'Every state-funded school must offer a curriculum which is balanced and broadly-based and which:

- promotes the spiritual, moral, cultural, mental and physical development of pupils at the school and of society
- prepares pupils at the school for the opportunities, responsibilities and experiences of later life'

The Education Act 1996, as amended by the Learning and Skills Act 2000, requires head teachers and governing bodies to have regard to national guidance on Sex and

Relationships Education in schools and to protect children from unsuitable teaching and materials.

Under the Children Act 2004, schools have a duty to promote the well-being of their pupils and good quality RSHE contributes to this duty. Furthermore, we recognise that as a school we have a responsibility under The Relationships Education, Relationship & Sex Education and Health Education (England) Regulations 2019, made under sections 34 & 35 of the Children & Social Work Act 2017, to provide comprehensive Relationship Education and Health Education for all pupils receiving primary education.

RSE will become statutory in all schools from September 2020. The law requires that Relationships and Sex Education (RSE) is to be taught in all secondary schools in England, and that Relationships Education is to be taught in all primary schools in England. Primary schools are also required to teach the elements of sex education contained in the science curriculum, and Health Education will also be mandatory in all Government-funded schools, which includes content on puberty. At Leigh & Primary School, we teach RSHE as set out in this policy.

3. Definitions

RSHE (formerly SRE) is about the emotional, social and cultural development of pupils, and involves learning about relationships, sexual health, sexuality, healthy lifestyles, diversity and personal identity. RSHE involves a combination of sharing information and exploring issues and values.

RSE is not about the promotion of sexual activity.

4. Delivery of RSHE

RSE is taught within the personal, social, health and education (PSHE) curriculum.

Biological aspects of RSE are taught within the science curriculum.

Across all year groups, the children will be supported with developing the following skills:

- Communication, including how to manage changing relationships and emotions
- Recognising and assessing potential risks
- Assertiveness
- Seeking help and support when required
- Informed decision-making
- Self-respect and empathy for others
- Recognising and maximising a healthy lifestyle
- Managing conflict
- Discussion and group work.

These skills are taught within the context of family life

At Leigh & Bransford Primary School, we follow The Christopher Winter Project scheme of work (Teaching RSE with Confidence in Primary Schools). CWP have been awarded the Pamela Sheridan Award for Excellence in recognition of their pioneering professional development programme in relationships and sex education. CWP's success is based on a thorough understanding of what constitutes effective RSE for both teachers and pupils. All CWP lessons have a clear structure and are age appropriate. They are designed to demonstrate a wide range of teaching methodologies to equip teachers with the skills to deliver excellent RSE. Teachers follow the schemes of work for Years R – 6 **as outlined in the appendix.**

5. Roles and responsibilities

The governing board

The governing board has delegated the approval of this policy to the headteacher.

The Headteacher and PSHE lead

The headteacher and PSHE lead is responsible for ensuring that RSHE is taught consistently across the school, and for managing requests to withdraw pupils from non-statutory components of RSE.

Staff

Staff are responsible for:

- Delivering RSE in a sensitive way
- Modelling positive attitudes to RSE
- Monitoring progress
- Responding to the needs of individual pupils
- Responding appropriately to pupils whose parents wish them to be withdrawn from the non-statutory components of RSHE.

Staff do not have the right to opt out of teaching RSHE. Staff who have concerns about teaching RSHE are encouraged to discuss this with the PSHE lead and Headteacher

Pupils

Pupils are expected to engage fully in RSHE and, when discussing issues related to RSHE, treat others with respect and sensitivity.

6. Parents' right to withdraw

Parents have the right to withdraw their children from the non-statutory components of RSHE (the sexual education only). Before doing so, parents are encouraged to talk to the class teacher/PSHE lead and/or view the teaching resources in order to inform any decisions regarding withdrawing their child.

Requests for withdrawal should be put in writing and addressed to the headteacher. A copy of withdrawal requests will be placed in the pupil's educational record. The headteacher will discuss the request with parents and take appropriate action. Alternative work will be given to pupils who are withdrawn from RSHE. The RSHE curriculum will be shared with parents to ensure coverage if pupils are withdrawn. The RSHE policy will be shared with any parents who wish to withdraw their child.

7. Training

Staff are trained on the delivery of RSHE by the PSHE lead and included in our continuing professional development calendar. The PSHE lead will ensure that children also have talks from the NSPCC during their school years to ensure they all have had access to the PANTS modules of learning.

DSL will attend the statutory DSL 'Get Safe' training and relay this information to other staff members in ongoing CPD sessions.

All staff are trained in the actions that need to be taken should a child disclose anything which meets safeguarding threshold.

Monitoring arrangements

The delivery of RSHE is monitored by the PSHE lead through: Monitoring arrangements consist of pupil voice, lesson observations and individual staff appraisals to ensure a consistent approach and that our main aims are embedded from Reception to Year 6.

Pupils' development in RSHE is monitored by class teachers as part of our internal assessment systems. This policy will be reviewed by the PSHE Leader annually. At every review, the policy will be approved by the headteacher and ratified by the governing board.

Appendix: Curriculum Overview

Reception Our Lives	Lesson 1: Our Day Lesson 2: Keeping Ourselves Clean Lesson 3: Families
Year 1 Growing and Caring For Ourselves	Lesson 1: Keeping Clean Lesson 2: Growing and Changing Lesson 3: Families and Care
Year 2 Differences	Lesson 1: Differences: Boys and Girls Lesson 2: Differences: Male and Female Lesson 3: Naming the Body Parts
Year 3 Valuing Difference and Keeping Safe	Lesson 1: Differences: Male and Female Lesson 2: Personal Space Lesson 3: Family Differences
Year 4 Growing Up	Lesson 1: Growing and Changing Lesson 2: What is Puberty? Lesson 3: Puberty Changes and Reproduction
Year 5 Puberty	Lesson 1: Talking about Puberty Lesson 2: Male and Female Changes Lesson 3: Puberty and Hygiene
Year 6 Puberty, Relationships and Reproduction	Lesson 1: Puberty and Reproduction Lesson 2: Understanding Relationships Lesson 3: Conception and Pregnancy Lesson 4: Communication in Relationships