



# Leigh and Bransford Primary Vocabulary Progression

PE							
	Year R	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<b>Ball Skills</b>	Run Stop Roll Team kick space catch	Far direction aim safely balance send	Overarm Collect Target Underarm Dribble distance	Track Receive chest shoulder overhead accurate	Release Select Control Consistently Technique preserve		
<b>Fundamentals</b>	Run Stop Space Jump Balance Skip	Fast Hop Slow Direction Land Safely	Dodge Jog Hurdle Speed Steady Sprint	Distance technique Control Tension Coordination Rhythm	Momentum Decelerate Transfer Accelerate Pace Stability		
<b>Target Games</b>	Aim Space pass team balance safely	Points throw far distance score partner	Accurate Send Teammate against overarm release target underarm	Rules Dodge drive receiver court/course block	Communicate Chipping Opponent Swing Protect align	Tactics Officiate Pressure fair play power	Support cooperatively tournament hazard bunker outwit sportsmanship consistently

<b>Striking and fielding</b>	Run pass roll team space around forwards backwards	Hit points target throw score catch	Fielder send teammate runs batter received bowler	Strike grip rounder backstop bowl post wicket batting wicket keeper fielding	Stance Retrieve Opposition Stumped Two-handed-pick Technique Short barrier	Pressure Backing up Support Overtake Tracking Outwit Tactics	Obstruction Continuous Drive hit Consecutive Consistently Co-operatively Defensive hit
<b>Net and Wall</b>	Team Space Catch Throw Safely Bounce Forward Backward	Ready Position Partner Net Underarm Score Points	Receive Quickly Trap Defend Return Collect Against	Serve Accurately Track Racket Control Rally Opponent	Outwit Receiver Court Backhand Forehand	Tactics Volley Co-operatively Continuously Dig Set Footwork	Consecutive Deep Consistently Forecourt Backcourt Defensive Attacking
<b>Invasion Games</b>	Pass Team Tag Balance Safely Space Forwards Backwards	Defender Points Dribbling Attacker Score Partner	Received Send Teammate Chest pass Possession Goal Dodge Bounce pass	Receiver Footwork Rebound tracking Interception Mark Travelling Playing area	Outwit Opposition Opponent Contact Pivot Court Field pitch	Tactics Control Foul Pressure Onside Offside Support Obstruction	Consecutive Formation Consistently Conceding Dictate Turnover Contest Shut down
<b>Gymnastics</b>	Move Copy Over Shape Rock Space Around Safely Sideways Travel Forwards Backwards	Action Jump Roll Level Direction Speed Point Balance	Link Pathway Sequence Tuck Straddle Speed Star Pike	Flow Explore Create Matching Interesting Control Contrasting	Technique Quality Apparatus perform Extension Inverted	Symmetrical Rotation Aesthetics Canon Asymmetrical Synchronisation Progression	Formation Momentum Counter balance Fluently Counter-tension stability

<b>Fitness</b>	Push Jump Stop Balance Safely	Exercise Heart Lungs Body Mood	Strong Pace Race Speed Jog Steady Sprint	Strength Accurately Distance Balance Control	Technique Co-ordination Healthy Progress Muscle Stamina	Technique Momentum Rhythm Agility Drive Power	Generate force Continuous measure flexibility analyse record
<b>Yoga</b>	Move Still Space Travel Safely	Feel Breath Copy Listen Slowly	Focus Position Flow Pose Create Choose	Strength Try Link Perform Flexibility Perform Technique	Grounded Relax Mindfulness Stable Downward dog Control	Quality Develop Notice High lunge Calm Fluidity	Salutation Collaboratively Transition Practice Aware Connected
<b>Athletics</b>	Push Stop Jump Space Forwards Safely Balance Backwards	Far Hop Aim Fast Slow Bend Improve Direction Travel	Sprint Jog Distance Height Take off Landing Overarm Underarm	Speed Power Strength Accurately Higher Pace Control Faster Further	Power Stamina Officiate Perseverance Determination Accuracy Personal best	Technique Down sweep Flight Rhythm Stride	Rotation Force Trajectory Continuous pace Force Compete Transfer of weight
<b>Dance</b>	Move Shape Space Safely Around Sideways Forwards Backwards	Counts Pose Level Slow Fast Balance	Mirror Action Pathway Direction Speed Timing	Flow Explore create Perform Match Feedback Expression	Reaction Represent Dynamics Unison Control	Formation Posture Performance Canon Relationship	Choreograph Phrase Contrast Structure Fluently Connect

<b>OAA</b>	Share Team Path Listen Space Follow Safely	Lead Co-operate Teamwork Solve Instructions	Support successful Map Direction Communicate	Rules Route Trust Navigate Grid Discuss Plan	Leader Inclusive Effectively Orientate Symbol	Tactical Collaborate Collective Orienteering Navigation Control card	Boundaries Location Critical thinking Symbol Co-operatively Strategy
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